

Let's talk about

66 In the U.S., over 100 classes of drugs used to treat pain, infections and disease, can damage the inner ear. 99 [1]

DID YOU KNOW? The manner in which certain drugs can cause ringing in the ears (Tinnitus), hearing loss or dizziness, is known as "ototoxicity"?



RESEARCH INDICATES: exposure to ototoxic drugs can damage inner ear sensory hair cells necessary for hearing and balance, often on a permanent basis.[2]

Commonly used medications with potential ototoxicity include, but are not limited to: [3] [4]

- CHEMO DRUGS**
SUCH AS
CISPLATIN & CARBOPLATIN
- ANTIBIOTICS**
SUCH AS
NEOMYCIN & STREPTOMYCIN
- PAIN RELIEVERS**
SUCH AS
ASPIRIN
- DIURETICS**
SUCH AS
BUMEX & ENDECIN
- NSAIDS**
SUCH AS
IBUPROFEN & NAPROXEN

OTOTOXICITY AWARENESS
HEALTHY DECISIONS

Our expert advice can positively impact your quality of life – regular hearing screenings help detect ototoxic damage

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[1] American Academy of Audiology Position Statement and Clinical Practice Guidelines Ototoxicity Monitoring. audiology.org 2009 [2] Rybak and Ramkumar, Ototoxicity. *Kidney International* 2007 [3] Ototoxic Medications, Drugs that can cause hearing loss and tinnitus. League for the Hard of Hearing 2000 [4] Schacht, et al: Cisplatin and Aminoglycoside Antibiotics: Hearing Loss and Its Prevention, *The Anatomical Record* (Hoboken). 2012



ARE YOU AT RISK FOR OTOTOXIC-RELATED HEARING LOSS?

✓ Check all that apply

- I have difficulty understanding speech in the presence of background noise or in a crowded restaurant.
- I avoid social situations that require me to participate in conversations.
- I avoid the movies or theater because I miss so much.
- I have greater difficulty understanding females and children.
- My family and friends complain that I am not hearing accurately.
- Others notice that I turn the volume on my television or radio too loud.
- I have difficulty conversing on the telephone.
- I ask others to repeat themselves often during conversations.

✓ Questions I'd like to ask my Hearing Health Expert

1. _____
2. _____
3. _____



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